

# #CREATE30CHALLENGE

## 30 PAINTINGS IN 90 DAYS

*“Color is a power which directly influences the soul.”*

- Wassily Kandinsky

I'm inviting you to take the #CREATE30CHALLENGE beginning on January 1, 2021. Your commitment to create and share 30 colorful paintings over the first 90 days of the New Year is an act of courageous generosity!

- Keep your paintings small and colorful to inspire the senses as you build momentum in your streak.
- Use the calendar to mark each day that you finish a painting until you reach 30. Try to finish about one painting every three days to stay on track.
- Be sure to show up to encourage one another by sharing your creative work online.
- Share your paintings on social media using the hashtag **#CREATE30CHALLENGE**.
- I'd love it if you would tag me when you post! @alainpicard on Instagram and Facebook.



Join me, friend, in warming the harsh winter months with color and beauty as we create something magical together.

Take care and be creative.  
Alain Picard

*“Color is the keyboard, the eyes are the harmonies, the soul is the piano with many strings. The artist is the hand that plays, touching one key or another, to cause vibrations in the soul.”*

- Wassily Kandinsky

# INSPIRATION FOR PAINTING

Let these ideas provide inspiration to you during the **#CREATE30CHALLENGE**.

Use the people and objects you can find in and around your home as subjects for your paintings, as well as reference images and your imagination to fuel your creativity.

1. Paint a colorful sunset
2. Paint an abstract scene with your favorite colors
3. Paint a vibrant flower
4. Paint a colorful bird
5. Paint a blossoming tree
6. Paint a dramatic cloud scene
7. Paint a peacock's colorful plumage
8. Paint an expressive portrait
9. Paint a still life with colorful fruit
10. Paint your art materials
11. Paint a self-portrait
12. Paint a small treasured object
13. Paint a picture of someone you love
14. Paint a floral scene
15. Paint the ocean
16. Paint a shiny kettle
17. Paint a dancer in full expression
18. Paint a bold athlete in motion
19. Paint an expressive landscape
20. Paint an urban street scene
21. Paint a colorful doorway
22. Paint a rocky scene
23. Paint your favorite animal
24. Paint a beach scene
25. Paint a joyful child
26. Paint a tropical fish
27. Paint a vibrant vegetable
28. Paint someone reading
29. Paint a mountain scene
30. Paint a portrait in profile
31. Paint a spring blossom
32. Paint your beloved pet
33. Paint a pear
34. Paint your favorite pair of shoes
35. Paint a sailboat in the water
36. Paint slices of fruit
37. Paint a water scene
38. Paint a cocktail drink
39. Paint a colorful donut
40. Paint the view from your window
41. Paint a stack of books
42. Paint a butterfly
43. Paint a city skyline
44. Paint a copy of a masterwork that inspires you
45. Paint a lighthouse
46. Paint an old barn
47. Paint some tulips
48. Paint your favorite candy
49. Paint a marsh scene
50. Paint some lavender
51. Paint some peonies
52. Paint a cup of tea or coffee
53. Paint a palm tree
54. Paint a red fox
55. Paint a waterfall
56. Paint a famous building
57. Paint a snow scene
58. Paint the sky
59. Paint some sunflowers
60. Paint a rainbow

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## 30 PAINTINGS IN 90 DAYS

*"I found I could say things with color and shapes that I couldn't say any other way - things I had no words for."*

- Georgia O'Keeffe

Use this calendar to keep track of your creative streak!

JANUARY 2021						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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*"All colors are the friends of their neighbors and the lovers of their opposites."*

- Marc Chagall

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FEBRUARY 2021						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

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*"Try to be a rainbow in someone's cloud."*

- Maya Angelou

Use this calendar to keep track of your creative streak!

MARCH 2021						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	28	30	31			